



# NOW COMMUNITY IMPACT REPORT

## PCC MISSION:

Healthy Pregnancy and Relationship Education • Serving Seven Counties in Southwest Missouri

## LIVES ENRICHED IN THE PAST 13 YEARS:

- Provided pregnancy and relationship programs serving over 231,617 young people since 2000.
- Delivered crisis intervention and medical services to 12,863 new clients.
- Empowered 195,235 young people to choose healthy relationships.

## COMMUNITY IMPACT:

- Teen pregnancies have declined more than 24% since 2000.
- Volunteers have invested more than 440,716 service hours, which is valued at over \$7.9 million in donations.
- PCC has ensured healthy birth-weight babies through the Nutrition Education Program. In thirteen years, 100% of participating clients have avoided low birth-weight babies and pre-term birth.

## ACTIVELY REDUCING COMMUNITY RED FLAGS:

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| <ul style="list-style-type: none"> <li>• Child Abuse and Neglect</li> <li>• Communicable Diseases</li> <li>• Domestic Violence</li> <li>• Homeless Children and Adolescents</li> </ul> | <ul style="list-style-type: none"> <li>• Access to Health Care</li> <li>• Childhood Nutrition</li> <li>• Smoking During Pregnancy</li> </ul> | <ul style="list-style-type: none"> <li>• Single Parents in Financial Distress</li> <li>• Children in Poverty</li> <li>• Illegal Drug Use</li> </ul> |
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## PCC PROGRAMS • Solving Community Problems:

<b>Medical Clinic Services</b>	• Pregnancy testing, ultrasound, and medical referrals for early pre-natal care.
<b>Healthy Pregnancy and Relationship Education</b>	
<ul style="list-style-type: none"> <li>- Expectant Mom Mentoring</li> <li>- Healthy Pregnancy/Labor and Birth Classes</li> <li>- Lactation Consulting</li> <li>- Family Support Program</li> <li>- Single Mom Relationships</li> <li>- Fatherhood 3.6.5 Mentoring</li>   <li>- Couple Relationships</li> <li>- Smoke-Free Babies</li> <li>- Parents and the Law</li> <li>- Financial Peace University</li> <li>- Community Referral Network</li> </ul>	<ul style="list-style-type: none"> <li>• Compassionate long-term mentoring to prepare for parenting or adoption.</li> <li>• Training expectant parents to invest in their pregnancy and prepare them for birth.</li> <li>• Teaching techniques of breastfeeding to clients through one-on-one support.</li> <li>• Providing support and equipping families facing unplanned pregnancies.</li> <li>• Coaching single moms to invest in positive relationships and protect their babies.</li> <li>• Empowering expectant fathers to cope with stress, maintain healthy relationships, and interact in a nurturing and positive manner with their child.</li> <li>• Coaching couples to invest in their relationship to benefit their children.</li> <li>• Provide ongoing support and tools to stop smoking.</li> <li>• Increasing success to live within the law, protect children from abuse, and protect families.</li> <li>• Educating families with money management skills for a strong financial future.</li> <li>• Connecting clients with local community resources.</li> </ul>
<b>Choices Project</b>	• Partnering with schools to meet state goals by providing healthy relationship education.

**COLLABORATIONS • Partnering with more than 50 community organizations, universities, schools, social service organizations, and foundations to provide essential client care.**