



Please join us for co-creating resources for
maternity homes across the country!

September 12, 2013
1:00– 2:00 pm (Central Time)

From your own computer, with homes from across the country!
In order to join a verbal conversation during the work session,
Call 1-559-726-1300 / Access Code: 705126

Please bring your expertise in providing housing to pregnant women to help co-create two documents!
We did a similar working session in June on the same documents. Returning participants and new participants alike are welcome!
Many thanks to the following programs who created the first round of content: Room at the Inn, Liberty Godparent Home, Good Counsel, Our Lady's Inn, Madonna House of N. Kentucky, Ruth Harbor, Northwest Center, Grace Initiatives, and Aid for Women.

Logistical Details:

We will be working on the document from a Google Drive platform, so you **must have a Gmail account** (or an email account that you can access using Gmail) to participate. **Please email your Gmail address to housing@heartbeatinternational.org prior to the event**, and the appropriate documents will be shared with you. All are welcome to participate, including multiple people from the same organization!

We will begin with a brief verbal introduction via phone. Prior to joining the conference call (access number above), log in to your Gmail account as you normally would. Click the "Drive" tab, located across the top of the screen. Once on the Drive screen, select "Documents Shared with Me." Finally, locate the document to which you would like to contribute, then start working!

Please add the initials of your program prior to your comments (i.e. RATI = Room at the Inn). Don't worry about formatting and appearance. Once the content is created, it will be uploaded into Excel to address formatting issues.

We will be working on two documents. Below are a few guidelines for your consideration:

1. Life Cycles:

- a. *Goal of the Document:* Homes are thinking about different things at various stages of their development. Giving definition to the life cycle stage allows the NMHC to better serve the needs of homes in various places of development.
- b. Please do not edit the columns (vertical) of the life cycles document. This framework fits with the content from DIRECT Well, by Heartbeat International. If you have additional insight on the column content, please make a note at the bottom of the document. Please add content to the rows (horizontal)! If you need to add additional rows, please do so. If you want to edit the existing content, that's okay! It's a work in progress—you can't goof it up!

2. Outcome and Goals for Mothers in Maternity Homes:

- a. *Goal of the Document:* Homes are always looking for ways to improve their programs. Using this evidence-based framework, we are capturing methods homes use to help women bring transformation into their lives. This is chance for homes to showcase their best programs and learn from others! As this framework is built off of evidence-based research, it may be useful for funders, grant-writing, etc.
- b. Please note the different tabs along the bottom of the document: RESILIENCY, HEALING, PREVENTION, SKILL BUILDING, POSITIVE PARENTING, ADOPTION. Please add content to any of the tabs!
- c. Please do not delete the columns (vertical) as they are built on evidence-based research related to "Adverse Childhood Experiences" and "Psychological Resiliency Traits." If you would like to add a column for consideration, that's okay! Please add lots and lots of content to the rows (horizontal) and add more rows as necessary. At this stage, we are especially focused on Strategies Used (i.e. what strategies do you use within the home to help mother develop a social support, or heal from emotional abuse, or learn budgeting.) We are trying to be specific as possible!